PALACE WELLNESS

BADRUTT'S PALACE ST.MORITZ

YOUR OWN PALACE RITUAL

A massage after a day in the Engadin mountains, a facial before a special evening at the Palace: for many of our guests, these moments have become cherished rituals over the years. We invite you to find your own, whether you are discovering Palace Wellness for the first time or returning to a favourite treatment.

To ensure every stay also holds new discoveries, we continually refine our treatments and product selection. We explore new techniques and seek out distinctive collaborations that give our guests access to experiences rarely available elsewhere.

Joanna Vargas, trusted by Hollywood stars ahead of their red-carpet appearances, brings the expertise of her New York and Los Angeles studios to St. Moritz. A facial developed exclusively for the Palace is part of this collaboration, adding a touch of red-carpet glamour to your personal wellness ritual.

Discover these and many more treatments in the pages that follow. Whichever you choose, simply relax and enjoy the expert care and personal attention of our Palace Wellness team.

DAILY OPENING TIMES

TREATMENT CENTRE
10.00 am – 8.00 pm

POOL
8.00 am – 8.00 pm

PALACE SPA
8.00 am – 8.00 pm

FITNESS
24 hours

CONTACT DETAILS

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*ALL PRICES LISTED IN CHF AND INCLUDE VAT

**FOR COIFFEUR AND BARBER SERVICES PLEASE REFER TO THE PALACE COIFFEUR MENU

THE PALACE WELLNESS COLLECTION

JOANNA VARGAS

Joanna Vargas is a recognized skin care expert and the founder of an eponymous skin care collection. With salons in New York City and Los Angeles, her commitment to plant-based ingredients, her passion for science, and her nature-meets-technology approach has made her one of the most sought-out aesthetics and experts in the beauty industry today.

Bringing her background in photography and a BA in women's studies into the beauty industry, Joanna navigated her early days as a facialist in New York City. Joanna first fell in love with natural skin care products while practicing aesthetics at a day spa, and later worked for a celebrity dermatologist, where she learned extensively about anti-aging treatments and the most efficacious ingredients and formulas available.

SIGNATURE PREMIUM FACIALS by Joanna Vargas

TRIPLE CROWN FACIAL *by Joanna Vargas*

Joanna's signature "red carpet" facial that started it all. A unique combination of exfoliation, microcurrent and a hydrating mask to lift and tone your skin. The immediately visible results are smooth, firm, youthful-looking skin with a radiant glow. Microcurrent restores the tissue, calms inflammation, eliminates toxins, educates the muscles by tightening, erases signs of fine lines, minimizes wrinkles and increases the ATP production in the cells. Every session triggers collagen and elastin production for immediately visible results and cumulative benefits over time. Perfect for: clients who want visible results in a single treatment, with skin that looks smoother, firmer, brighter and more rested.

50 minutes ..... CHF 400.00
80 minutes ..... CHF 600.00

TRIPLE CROWN EXOSOME FACIAL LIFT *by Joanna Vargas*

An advanced treatment combining microcurrent sculpting with Exosome Nanochanneling to lift and define facial contours while supporting skin renewal. Designed to improve firmness, texture, hydration, and radiance, leaving the skin smoother, plumper, and visibly rejuvenated. Ideal for clients looking to address fine lines, loss of firmness, uneven texture, dullness, and dehydration, while enhancing facial definition and overall skin quality. Perfect for those seeking a lifting and rejuvenating treatment with minimal downtime.

80 minutes ..... CHF 750.00

TRIPLE CROWN ROYALE *by Joanna Vargas*

The ultimate evolution of Joanna Vargas' signature Triple Crown Facial, the Royale elevates the experience with extended, more detailed microcurrent work for enhanced lifting, sculpting, and facial definition. The additional time allows the aesthetician to focus more precisely on individual areas and facial contours for a more customized and comprehensive sculpting treatment. Combined with exfoliation and oxygen therapy, it leaves the skin smooth, toned, refreshed, and visibly radiant.

110 minutes ..... CHF 800.00

ALPINE RESET FACIAL *by Joanna Vargas*

A restorative facial inspired by the purity and stillness of the Swiss Alps. Created exclusively for Badrutt's Palace in Switzerland, this Joanna Vargas experience combines lymphatic drainage, customized microcurrent sculpting, intensive hydration, oxygen therapy and restorative massage to visibly depuff, define and revive the complexion. A personalized treatment mask and signature Alpine cooling ritual leave skin deeply hydrated, luminous and beautifully rested.

80 minutes ..... CHF 600.00

FACIAL COLLECTION by Dr Burgener Switzerland

THE REPAIRING GOLD AND G-CAVIAR FACIAL

by Dr Burgener Switzerland

Using the latest technology in skin care, this treatment suits skin that is particularly in need of a regenerative boost. Ultrasound waves penetrate on a cellular level and are accompanied by an intense dose of green caviar pearls from Okinawa Island which are combined with the antioxidant power of gold trace elements to repair and revamp the skin.

80 minutes ..... CHF 490.00

RESTRUCTURING COLLAGEN FACIAL

by Dr Burgener Switzerland

Stimulating the skin from the inside out, ultrasound waves will boost the natural collagen and elastin production. A firmer, smoother and more uniform complexion is then obtained through the repairing effect of the Collagen Mask, made by biotechnology, as well as the firming effect of the collagen cream.

80 minutes ..... CHF 490.00

SWISS PRECISION REJUVENATING

by Dr Burgener Switzerland

A high-performance Swiss facial that seamlessly blends luxury with longevity-focused precision. This luxury LED facial combines hyaluronic acid with a triple-helix collagen complex for ultimate skin rejuvenation. Advanced multi-wavelength LED technology stimulates collagen production, repairs sun-induced damage, accelerates cellular renewal, and fortifies skin resilience. Enriched with Swiss botanicals and peptides, it restores elasticity, enhances radiance, and leaves skin visibly firmer, luminous, and deeply hydrated – perfect for a glowing, healthy summer complexion.

50 minutes ..... CHF 325.00

80 minutes ..... CHF 470.00

ANTIOXIDANT BRIGHTENING FACIAL WITH PEARLS OF VITAMIN C *by Dr Burgener Switzerland*

This facial uses pearls of pure Vitamin C, glycolic acid and fruit acids to reduce pigmentation and harmonize your skin tone, with a boost of radiance. The soft peeling it induces will help the first skin layers regenerate and fine wrinkles fade. The antioxidant properties of the products will protect your skin from free radicals.

50 minutes ..... CHF 325.00

80 minutes ..... CHF 470.00

NOURISHING OR PURIFYING FACIAL

by Dr Burgener Switzerland

This 50-minute facial is personalized according to your skin's needs. You will have the choice of: fighting against skin aging through the application of royal jelly or eliminating impurities with the help of ultrasound spatula and decongest and tighten the pores. Your skin will take on an even glow, with a fresh and balanced texture.

50 minutes ..... CHF 325.00

ENHANCEMENTS *by Dr Burgener Switzerland*

RADIANCE EYE PATCHES

Rejuvenates the delicate eye area. Reduces puffiness and dark circles while deeply hydrating. Key ingredients like Actiflow and hamamelis extract decongest and soothe, minimizing under-eye bags for a refreshed, luminous gaze. ..... CHF 75.00

HYDRA FILLER MASK

A soothing and hydrating face mask designed to rejuvenate your skin. This unique formula, enriched with fermented natural coconut water, hyaluronic acid, and marine collagen, delivers a radiant and flexible complexion, restoring your skin's elasticity and vitality. ..... CHF 55.00

LONGEVITY ASSESSMENTS by Dr Burgener Switzerland

MEASURE YOUR BIOLOGICAL AGE

Biological Age provides an insight into your ageing process. The assessment includes DNA methylation analysis and the measurement of 47 biomarkers and metabolites, providing a deeper understanding of your individual biological profile and long-term wellbeing. ..... CHF 1300.00

ANALYSIS OF HEAVY METALS, TRACE ELEMENTS AND MINERALS

A hair sample is analysed to identify excessive levels of heavy metals and potential deficiencies in minerals and trace elements. Based on the results, customized nutritional supplements are developed to purify and balance your body. ..... CHF 1300.00

FACIAL AND BODY COLLECTION by Biologique Recherche

THE ULTIMATE BESPOKE FACIAL

by Biologique Recherche

A thoroughly personalized treatment that serves the exact needs of your skin to bring optimum results. This bespoke facial is best suited for those with varying skin conditions such as premature aging, loss of tone, fine lines, hypersensitivity, as well as impurities. It includes a signature sculpting massage and advanced technologies to exfoliate, brighten, hydrate and rebalance your unique complexion.

50 minutes ..... CHF 350.00
80 minutes ..... CHF 430.00

SUPER BODY LIFT & FIRM CVS TREATMENT

by Biologique Recherche

Through the use of Silica powder to exfoliate and renew, as well as Hyaluronic Acid with silk to hydrate, smooth, lift and firm, your skin becomes luminous, firm and toned. Unique techniques and the application of a toning Lift CVS Booster further enhance the skin.

50 minutes localized ..... CHF 295.00
100 minutes full body ..... CHF 450.00

ENHANCEMENTS *by Biologique Recherche*

PLUMPED-KISS PATCH

An ideal treatment for plumping lips, leaving them smooth and soft. ..... CHF 45.00

ANTI-AGING EYES PATCHES

Reduce puffiness and dark circles, minimize wrinkles and provide an immediate, long-lasting rested look. ..... CHF 55.00

RADIANCE MASQUE PIGM 400

An all-in-one, skin-brightening mask for a radiant, smooth complexion. ..... CHF 60.00

GREEN CAVIAR MASK

Anti-wrinkle concentrate to help restructure, redensify and tone the face. ..... CHF 75.00

TOLESKIN MASK

It immediately calms the redness, providing a comforting and soothing effect. ..... CHF 95.00

T-SHAPE 2

T-Shape 2 is an advanced, non-invasive treatment that combines four technologies to deliver powerful sculpting, firming, and skin-rejuvenating effects.

- **Low-Level Laser Therapy (LLLT):**
  Targets fat layers and stimulates skin regeneration for visible body contouring.
- **Bipolar Radio Frequency (RF):**
  Boosts collagen production for skin tightening and a natural lifting effect.
- **Vacuum Endodermic Massage:**
  Enhances circulation and oxygenation to reduce cellulite and improve skin tone.
- **Mesospheric Deep Massage:**
  Stimulates detoxification, relieves muscle tension, and promotes full-body balance.

These technologies can be customized and combined based on your treatment goals—delivering both aesthetic and wellness benefits in one session.

BENEFITS

Sculpts and Tones Target Areas:
Reduces circumference and defines natural curves.

Improves Skin Firmness:
Stimulates collagen and elastin for tighter, smoother skin.

Reduces Cellulite Appearance:
Helps break down fat and improve texture.

Boosts Circulation & Lymphatic Flow:
Enhances oxygen and nutrient delivery to tissues.

Supports Muscle Recovery & Relaxation:
Aids in releasing tension and reducing post-workout soreness.

CONSULTATION SESSION

Begin your journey with a personalized consultation designed to assess your individual needs and goals. In this focused 30-minute session, our expert will evaluate your specific concerns related to fat loss, cellulite reduction, and lymphatic health. Together, you'll discuss the most suitable treatment program and frequency to maximize your results, ensuring a tailored approach to achieving your wellness objectives.

30 minutes ..... CHF 100.00

LOCALIZED TREATMENT

Target stubborn areas with our 30-minute localized treatment using the T-Shape 2 machine. This focused session employs advanced multi-polar radiofrequency and ultrasound cavitation technology to effectively reduce fat and cellulite while promoting lymphatic drainage. Experience noticeable results and rejuvenation in just half an hour.

30 minutes ..... CHF 250.00

SELECTED AREAS SESSION

Enjoy a customized 50-minute session that focuses on selected areas of your choice. Utilizing the innovative T-Shape 2 technology, this treatment combines targeted fat loss and cellulite reduction with enhanced lymphatic drainage. Achieve smoother skin and a more contoured silhouette while benefiting from improved circulation and overall wellness.

50 minutes ..... CHF 400.00

WHOLE BODY TREATMENT

Immerse yourself in an 80-minute full-body treatment with the T-Shape 2 machine, designed to transform your body and enhance your well-being. This comprehensive session utilizes cutting-edge multi-polar radiofrequency and ultrasound cavitation to address fat loss, reduce cellulite, and stimulate lymphatic drainage throughout your entire body. Experience the ultimate rejuvenation and enjoy lasting results.

80 minutes ..... CHF 550.00

PALACE MASSAGE COLLECTION

HOT STONES MASSAGE – THE HEAT THAT REGENERATES

A sensory journey that combines the enveloping power of volcanic stones with the deep touch of massage. The heat of the basalt stones penetrates the tissues, melting away tensions and releasing trapped energy. A ritual that restores balance between body and mind, leaving a profound sense of well-being and inner harmony.

50 minutes ..... CHF 260.00
80 minutes ..... CHF 350.00

THE ULTIMATE DEEP-TISSUE MASSAGE

Experience the profound relief of this intensive muscular massage, targeting deep-seated stiffness and congestion throughout the body.

50 minutes ..... CHF 260.00
80 minutes ..... CHF 350.00

SIGNATURE REBALANCING TIBETAN BOWLS MASSAGE

Embark on a journey to profound relaxation and holistic wellness. Our distinctive rebalancing massage promises to rejuvenate and harmonize your entire being. Feel completely revitalized and aligned as the gentle vibrations of ancient Tibetan Singing Bowls work to balance energy flow along your meridians, promoting inner healing and soothing both body and mind. Targeted massage of key tension points with aromatic essential oils melts away deep-seated stress, offering a one-of-a-kind experience of total restoration.

50 minutes ..... CHF 260.00
80 minutes ..... CHF 350.00

RELAXATION MASSAGE

Indulge in a comprehensive full-body massage crafted to alleviate tension, boost circulation, and soothe the nervous system.

50 minutes ..... CHF 240.00
80 minutes ..... CHF 350.00

TAILORED-TOUCH BODY MASSAGE

Immerse yourself in a luxurious experience crafted exclusively for your body and spirit. This bespoke massage blends intuitive touch with carefully selected techniques to address your unique needs – melting away tension, rebalancing energy and restoring inner harmony. Elevate your ritual with a curated add-on, such as a rejuvenating mask, selected at the time of booking, to complete your personalized journey.

50 minutes ..... CHF 260.00
80 minutes ..... CHF 350.00

APRÈS-SPORT / APRÈS-SKI MASSAGE

Benefit from a massage tailored to complement your active, athletic lifestyle. This treatment strengthens muscles or fascia that may be strained, depleted and in need of rejuvenation.

50 minutes ..... CHF 260.00
80 minutes ..... CHF 350.00

LYMPHATIC DRAINAGE MASSAGE

Experience a gentle lymphatic drainage massage technique designed to effectively eliminate fluid retention and toxins by stimulating the lymphatic system.

50 minutes ..... CHF 250.00
80 minutes ..... CHF 330.00

REFLEXOLOGY

By applying pressure to specific points on the feet, this technique stimulates corresponding areas of the body, enhancing the natural function of organs and systems. Loose clothing is suitable for this treatment.

50 minutes ..... CHF 220.00

ULTIMATE BODY TREATMENTS by Dr Burgener Switzerland

DETOX SWISS SALTS AND ALGAE RITUAL

by Dr Burgener Switzerland

This treatment begins with a full-body exfoliation using our therapeutic Purifying Swiss Alps Salts drawn from the Swiss Aletsch Glacier. Rich in essential minerals, these salts help reduce water retention and stimulate blood circulation. The exfoliation is followed by a Detoxifying and Purifying Fucus Algae Remineralizing Wrap. This refined blend of fresh Fucus and Lithothamnium algae promotes effective drainage and delivers deep remineralization and revitalization to the body. To complete the ritual, a massage using our Precious Body Oil, enriched with the Fit Body Booster, melts away tension while helping to eliminate toxins and restore overall balance.

80 minutes ..... CHF 370.00
110 minutes ..... CHF 470.00

ANTIOXIDANT BODY RITUAL WITH PEARLS OF GRAPES *by Dr Burgener Switzerland*

A rejuvenating full-body experience designed to restore youthful, radiant skin while calming the mind and body. This antioxidant-rich treatment uses the power of grape pearls to help protect against premature ageing and revive dull, dehydrated skin. The ritual begins with a gentle yet effective exfoliation using natural grape extracts to smooth and refine the skin, followed by a nourishing grape body wrap that delivers potent skin antioxidants to fight free radicals and support skin vitality. A deeply relaxing massage with luxurious body oil completes the experience, easing tension while replenishing moisture. The skin feels softer, firmer, and beautifully revitalized – while you leave feeling completely relaxed and renewed.

80 minutes ..... CHF 370.00
110 minutes ..... CHF 470.00

ADD-ON TREATMENTS

LOCALIZED MASSAGE

This targeted therapeutic treatment focuses on a specific area of the body to relieve muscle tension, reduce pain, and improve circulation. Choose a targeted massage for the legs, head and shoulders, or back.

30 minutes ..... CHF 140.00

BODY EXFOLIATING PERFECT SKIN

by Dr Burgener Switzerland

Suitable for all skin types, even the most sensitive, this treatment removes impurities and is perfect for stimulating blood circulation and firming the skin. The polyphenol contained in the grape combats free radicals.

30 minutes ..... CHF 140.00

EXPRESS FACIAL – QUICK GLOW

by Dr Burgener Switzerland

Our express facial offers a condensed version of a comprehensive treatment in a significantly shorter duration. It is tailored to address the specific concerns of each guest and can be adjusted to accommodate all skin types.

30 minutes ..... CHF 170.00

HAND & FOOT CARE

MANICURE – COMPLETE HAND CARE
50 minutes (regular manicure) ..... CHF 150.00
80 minutes (removal of Shellac, manicure with nude nails or standard polish) ..... CHF 180.00

MANI – PEDI JUST POLISH
30 minutes (standard polish) ..... CHF 55.00

SEMI-PERMANENT NAIL LACQUER
Dry manicure with semi-permanent nail lacquer.
80 minutes ..... CHF 200.00
Pedicure with semi-permanent nail lacquer.
80 minutes ..... CHF 220.00

PEDICURE – COMPLETE FOOT CARE
50 minutes (essential touch) ..... CHF 145.00
80 minutes (standard polish or nude nails) ..... CHF 180.00

GENTLEMEN'S MANICURE & PEDICURE
50 minutes manicure ..... CHF 100.00
60 minutes pedicure ..... CHF 140.00

JUST NAILS
Clean, shape and trim nails and cuticles.
30 minutes ..... CHF 70.00

BEAUTY SERVICES

MAKE-UP
Make-up ..... CHF 225.00

EYELASH AND BROW
Eyelash tint ..... CHF 60.00
Eyebrow tint ..... CHF 50.00
Lash and brow tint ..... CHF 90.00

EPILATION
Half leg ..... CHF 80.00
Full leg ..... CHF 120.00
Bikini ..... CHF 100.00
Brazilian ..... CHF 140.00
Under arms ..... CHF 60.00
Upper lip ..... CHF 40.00
Eyebrows ..... CHF 50.00
Arms ..... CHF 80.00

GENTLEMEN'S EPILATION
20 to 50 minutes (according to treated area)
..... from CHF 80.00 to CHF 200.00

HAIR AND BARBER SPA
Please refer to the Palace Coiffeur menu.

FITNESS, BODY AND MIND

PERSONAL TRAINING

Get ready for the new and improved you. Our specialist fitness trainer will take you through a specific, personalised workout program designed just for you to help you achieve your desired objectives.

50 minutes ..... CHF 170.00
80 minutes ..... CHF 230.00

TENNIS (summer)

Please refer to the Palace Wellness reception for further information.

Racket Rental ..... CHF 35.00
Court rental (per hour) ..... CHF 80.00

PADEL (summer)

Please refer to the Palace Wellness reception for further information.

Court rental (per hour) ..... CHF 100.00
Racket rental ..... CHF 35.00

ICE RINK (winter)

Ice Skating lessons

30 minutes ..... CHF 70.00
60 minutes ..... CHF 140.00
Ice Skate Rental per person ..... CHF 30.00
Hockey Equipment Rental per person ..... CHF 30.00
Curling per person ..... CHF 50.00

GUIDED MEDITATION

Take a journey within and connect to your inner being. Our coach will assist you using breathing techniques and visualisation to help reduce either physical, mental or emotional stresses. Use meditation to strengthen the power within you to heal yourself.

50 minutes ..... CHF 170.00

YOGA LESSONS

Explore the art of Yoga bringing into union your mind, body and spirit. Discover the pathway to wellbeing by engaging your entire self into a single focus. Suitable for beginners, intermediate and advanced levels.

50 minutes ..... CHF 195.00
(2 people + CHF 60 per extra person)

80 minutes ..... CHF 285.00
(2 people + CHF 60 per extra person)

PRIVATE EXERCISE LESSONS

Aerobics, Nordic Walking and Swimming
Please refer to the Palace Wellness reception for further information.

PILATES REFORMER

The Stott method on the reformer improves posture, strength and flexibility through precise, fluid movements. Suitable for all levels.

50 minutes ..... CHF 230.00
(2 people + 60CHF per extra person)

3 sessions ..... CHF 610.00

PRIVATE SPA SUITES

VERONICA SPA SUITE – COCOONING THEME

Facilities include a double Jacuzzi, private steam room, showers, two treatment couches, plus two champagne glasses and a plate of fruit. Treatments can be booked for an additional charge.

2 hours (Suite occupancy) ..... CHF 650.00

IRIS SPA SUITE – GARDEN THEME

Facilities include a private garden, a double Jacuzzi, soft sauna, shower, two treatment couches (large and medium), relaxation lounge, beauty and hairdressing station, as well as two champagne glasses and a plate of fruit. Treatments can be booked for an additional charge.

3 hours (Suite occupancy) ..... CHF 900.00

PALACE WELLNESS SPA PRIVATIZATION

Enjoy our facilities exclusively for you between 9 and 11pm.
Send us your request.

CHILD CARE, FUN AND PLAY

PALAZZINO KIDS' CLUB

Our bright, cheerful, and beautifully redesigned indoor space offers endless fun for our young adventurers. Supervision is provided for children aged 3 to 12 years, ensuring a safe and enjoyable environment. Complimentary for hotel guests, with charges applicable for external visitors.
Kids' Club opens from 10 am to 8.30 pm

KIDS TREATMENTS (AGES 6 – 12)

Localized Massage
25 minutes ..... CHF 130.00

Nail Polish & Hand Massage
25 minutes ..... CHF 130.00

Soft Facial
25 minutes ..... CHF 130.00

Chocolate Wrap
25 minutes ..... CHF 130.00

KIDS COIFFEUR (under 10 years)

Please refer to the Palace Coiffeur menu.

PALACE WELLNESS INFORMATION

PALACE SPA

SUGGESTIONS ON HOW TO SPA

Keep hydrated by drinking sufficient amounts of water before, during and after your Spa & Wellness experience.

Commence with a refreshing shower to clean, lower body temperature and stimulate circulation.

Sauna promotes circulation, improves metabolism and relaxes the muscles.

Salt Steam improves breathing, detoxifies the body, heals the skin and relaxes the mind.

Aroma Steam clears the respiratory system, relaxes the body and mind, improves circulation, diminishes water retention, detoxifies and prepares the skin to receive further treatments.

Taking a refreshingly cold **Rain Shower** revitalises body and mind, and cleanses the skin of toxin residue after the heat experiences.

The **Mist Room** produces a light cooling mist to revive body and mind. Alternatively crushed ice from the **Ice Fountain** may be applied directly onto the skin for a cooling, toning and firming effect.

Rest on the **warm stone bench** between stimulating therapies.

The **Relaxation Room** provides an atmosphere of peace and tranquillity with refreshments.

The following facilities are quiet, mixed-gender and adults-only zones. Clothing is optional.

Experience Shower

Massage Shower

Ladies only Sauna
55 °C / 55 % (10 – 20 min.)

Mixed Sauna
85 °C / 10 – 20 % (6 – 15 min.)

Salt Steam Room
40 °C / 100 % (20 – 30 min.)

Aroma Steam Room
45 °C / 100 % (20 – 40 min.)

Rain Shower

Mist Room

Ice Room

ETIQUETTE

RESPECTING THE PEACE

We kindly ask for your cooperation by respecting the desire for tranquillity within Palace Wellness. Restful zones are located on the left side of the pool area. Active zones are located on the right side of the pool area.

Our Spa offers each guest the chance to relax in a tranquil setting. We appreciate you keeping your mobile phone on silent mode.

ADULTS ONLY

The Palace Wellness heat experiences and the Fitness Centre are Adults-only spaces. The minimum age for access is 16 years.

ATTIRE

For your convenience you may arrive at Palace Wellness wearing the bathrobe and slippers provided in your room. Alternatively, you may use our changing rooms and lockers for your personal belongings. Wardrobes with safes are also available upon request. The Palace Spa / Wet Zone is the only clothing optional zone within Palace Wellness. Sports attire and sports shoes are a requirement within the Fitness Centre. Outdoor footwear is not permitted in the Palace Spa / Wet Zone and indoor pool areas.

ETIQUETTE

POLICIES AND ADVICE

Each body is unique in age, fitness and structure. Although we provide guidelines for the use of the Spa services, we highly recommend that each individual pay extra care and attention to their own health condition. Please consult your physician for advice regarding which stimulating or heat experiences, massages and treatments are suitable for you, prior to using our facilities and services. Pregnancy, breast feeding, varicose veins, cancer, heart conditions, recent surgery, trauma or fracture, high / low blood pressure, the use of some medication, infections including colds and flu, fever and even sensitive skin are some of the conditions which are contraindicative to the use of saunas, steam baths, jacuzzi, Spa treatments and body massages.

CANCELLATION POLICY

Please note that we require 24 hours' notice for changing or cancelling any bookings for services provided by Palace Wellness. Without prior notice, the full service charge will apply. We thank you for your kind understanding, as this allows us to better service the demands of scheduled appointments for our guests.

LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage of personal articles. Please keep all valuables in the safe provided or in your hotel room during your visit.

PALACE WELLNESS GIFT VOUCHERS

Vouchers to the Spa are the perfect gift for a special occasion. You can purchase these online at https://shop.tac.eu.com/badrutts/shop/ or in person at the Spa Reception. Gift Vouchers are valid for 24 months, are nonrefundable, cannot be exchanged for cash and must be presented upon redemption.

FACILITIES

TREATMENT CENTRE

Beauty Spa
Iris Spa Suite
Veronica Spa Suite
Multifunctional Treatment
Manicure & Pedicure Cabins

Relaxation Area
Alpine Garden

INDOOR

Restaurant La Diala
Fitness Centre
Palace Spa / Wet Zone
Heat Experiences
Indoor Pool with Diving Rock
Indoor Jacuzzi
Relaxation Lounge
Body and Mind Studio
Gift Shop
Palazzino Kid's Club
Male & Female Changing Rooms

OUTDOOR

Outdoor Vitality Pool with Hydrojets
Sauna
Tennis Court
Padel Court
Ice Rink
Kids Playground

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