

## Equipment Fitness

Our gym is located in the Palace Wellness and can be used by our guests 24 hours a day free of charge. It is equipped with an extensive range of Technogym equipment.

- Kinesis
- · Total addominal
- Low Row
- Recline
- Bike
- · Bike Excite
- Skillrun
- · Treadmills
- · Rowing Machine
- Synchro
- Vario
- · Lat Machine
- Multipower
- Benches
- Racks
- · Leg Curl
- Chest Press
- · Leg Press